



Outdoor Track & Field Report Wednesday, May 23, 2012

PUBLIC RELATIONS

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PRELIMINARY ROUND

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2012 MEN'S PRELIMINARY ROUND

Evan Emery	100 M	High Point
Javon Young	100 M	Charleston Southern
Javon Young	200 M	Charleston Southern
Rozzie Johnson	200 M	Charleston Southern
Cornelius Tyler	200 M	Charleston Southern
Felix Kitur	800 M	VMI
Jacob Smith	3,000 ST	High Point
Josh MacDonald	3,000 ST	Liberty
Dakota Peachee	3,000 ST	High Point
Milan Ristic	110 MH	UNC Asheville
Taylor Courtney	400 MH	Liberty
Charleston Southern	4x100 M Relay	
Kyle Wheeler	High Jump	Liberty
Kolby Shepherd	Pole Vault	Liberty
Lavon Allen	Long Jump	Charleston Southern
Braxton Drummond	Long Jump	Charleston Southern
Ryan Smith	Shot Put, Discus & Hammer	Liberty
Carson Sears	Hammer	Gardner-Webb
Jason Flanagan	Javelin	Coastal Carolina
Jared Baird	Javelin	Winthrop
Christian Spaulding	Javelin	High Point

2012 WOMEN'S PRELIMINARY ROUND

Gabrielle Houston	100 M & 200 M	Charleston Southern
Erica Peake	200 M	Coastal Carolina
Mulern Jean	100 MH	Charleston Southern
Manika Gamble	400 MH	High Point
Jennifer Klugh	1,500 M	Liberty
Kierra Gabe	High Jump	Coastal Carolina
Mia Aghaji	High Jump	Liberty
Jennifer Sing	Pole Vault	VMI
Mary Lawrence	Pole Vault	Coastal Carolina
Mychelle Cummings	Shot Put & Discus	Liberty
Melinda Bendik	Hammer	Liberty
Shantelle Patterson	Hammer	Coastal Carolina
Christina Mitchell	Javelin	Liberty
Danielle England	Javelin	Coastal Carolina

WEEKLY MEN'S HONORS

March 8	Jared Baird, Winthrop (Field)
March 14	Carson Sears, Gardner-Webb (Field)
March 21	Vincent Wyatt, Radford (Track)
	Jason Flanagan, Coastal Carolina (Field)
March 28	Evan Emery, High Point (Track)
	Carson Sears, Gardner-Webb (Field)
April 4	Milan Ristic, UNC Asheville (Track)
	Jason Flanagan, Coastal Carolina (Field)
April 11	Jacob Smith, High Point (Track)
	Lavon Allen, Charleston Southern (Field)
April 18	Joseph Betts, Radford (Track)
	Mark Britton, Winthrop (Field)
May 3	Shane Norris, Tre'ven Gee, Russell Kanner, Carrington Fernadors
	Coastal Carolina Shuttle Hurdle Relay Team (Track)
	Jason Flanagan, Coastal Carolina (Field)
May 10	Jacob Smith, High Point (Track)
	Mark Britton, Winthrop (Field)

WEEKLY WOMEN'S HONORS

March 14	Mulern Jean, Charleston Southern (Track)
	Melinda Bentick, Liberty (Field)
March 21	Letita Saayman, Coastal Carolina (Track)
	Kierra Gabe, Coastal Carolina (Field)
March 28	Mankia Gamble, High Point (Track)
	Jennifer Sing, VMI (Field)
April 4	Jennifer Klugh, Liberty (Track)
	Jessica Dunston, Campbell (Field)
April 11	Erica Peake, Coastal Carolina (Track)
	Mychelle Cummings, Liberty (Liberty)
April 18	Jessica Whitmire, Winthrop (Track)
	Brittany Conner, Coastal Carolina (Field)
May 3	Lynette Akai, Campbell (Track)
	Melinda Bendik, Liberty (Field)
May 10	Ashley Davis, Coastal Carolina (Track)
	Christina Mitchell, Liberty (Field)

UPCOMING MEETS

Thursday, May 24-26
NCAA East Preliminaries

Wednesday, June 6-9
NCAA Championship

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Call Choice Hotel's Sports Desk and give your school's code to receive a 15 percent discount on room rates!

Conference Office	00210230
Campbell	00800295
Charleston Southern	00211970
Coastal Carolina	00211960
Gardner-Webb	00211940
High Point	00211950

1-877-240-AWAY (2929)



CHOICE HOTELS INTERNATIONAL

Liberty	00211890
Presbyterian	00219540
Radford	00211900
UNC Asheville	00211910
VMI	00211880
Winthrop	00211920

2012 BIG SOUTH MEN'S INDIVIDUAL CHAMPIONS

Javon Young	100 M	Charleston Southern
Javon Young	200 M	Charleston Southern
Leonard Robbins	400 M	Liberty
Felix Kitur	800 M	VMI
Felix Kitur	1,500 M	VMI
Jacob Smith	5,000 M	High Point
N'Getich Kipchirchir	10,000 M	Liberty
Milan Ristic	110 MH	UNC Asheville
Brett Olinger	400 MH	Radford
Jacob Smith	3,000 ST	High Point
Johnson, Young, Tyler, Spreads	4x100	Charleston Southern
Tyler, Young, Thompson, Spreads	4x400	Charleston Southern
Kyle Wheeler	High Jump	Liberty
Kolby Shepherd	Pole Vault	Liberty
Tyler Askew	Long Jump	Coastal Carolina
Burton Jones	Triple Jump	Coastal Carolina
Ryan Smith	Shot Put	Liberty
Ryan Smith	Discus	Liberty
Carson Sears	Hammer	Gardner-Webb
Jason Flanagan	Javelin	Coastal Carolina
Jacob DeValve	Decathlon	Liberty

2012 BIG SOUTH WOMEN'S INDIVIDUAL CHAMPIONS

Erica Peake	100 M	Coastal Carolina
Erica Peake	200 M	Coastal Carolina
Ivanna Hughes	400 M	Gardner-Webb
Sarah Gentry	800 M	UNC Asheville
Jennifer Klugh	1,500 M	Liberty
Jennifer Klugh	5,000 M	Liberty
Letitia Saayman	10,000 M	Coastal Carolina
Mulern Jean	100 MH	Charleston Southern
Manika Gamble	400 MH	High Point
Adrienne Cuff	3,000 ST	Charleston Southern
Lee, Hurley, Davis, Thompson	4x100	Coastal Carolina
Thompson, Jamison, Peake, Barnes	4x400	Coastal Carolina
Kierra Gabe	High Jump	Coastal Carolina
Mary Lawrence	Pole Vault	Coastal Carolina
Erica Peake	Long Jump	Coastal Carolina
Mia Aghaji	Triple Jump	Liberty
Mychelle Cummings	Shot Put	Liberty
Mychelle Cummings	Discus	Liberty
Melinda Bendik	Hammer	Liberty
Christina Mitchell	Javelin	Liberty
Christina Mitchell	Heptathlon	Liberty

2012 BIG SOUTH OUTDOOR TRACK & FIELD TEAM CHAMPIONS

Men's Champion : Liberty University
 Women's Champion : Coastal Carolina University

ANNUAL MEN'S OUTDOOR TRACK & FIELD CHAMPIONS

1994 - Liberty
 1995 - Liberty
 1996 - Liberty
 1997 - Liberty
 1998 - Liberty
 1999 - Liberty
 2000 - Liberty
 2001 - Liberty
 2002 - Liberty
 2003 - Coastal Carolina
 2004 - Liberty
 2005 - Liberty
 2006 - Coastal Carolina
 2007 - Liberty
 2008 - Liberty
 2009 - Liberty
 2010 - Liberty
 2011 - Liberty

ANNUAL MEN'S OUTDOOR TRACK & FIELD CHAMPIONS

1994 - Liberty
 1995 - Liberty
 1996 - Liberty
 1997 - Liberty
 1998 - Liberty
 1999 - Liberty
 2000 - Liberty
 2001 - Liberty
 2002 - Liberty
 2003 - Liberty
 2004 - Coastal Carolina
 2005 - Coastal Carolina
 2006 - Coastal Carolina
 2007 - Liberty
 2008 - Coastal Carolina
 2009 - Coastal Carolina
 2010 - Liberty
 2011 - Coastal Carolina

BIG SOUTH WEEKLY OUTDOOR TRACK & FIELD REPORT • 2012 MEN'S & WOMEN'S TOP TIMES/MARKS • MAY 23, 2012

100 METERS
Evan Emery, High Point10.28 (4/6)
200 METERS
Javon Young, Charleston Southern20.69 (4/19)
400 METERS
Leonard Robbins, Liberty47.37 (4/19)
800 METERS
Felix Kitur, VMI1:48.14 (3/30)
1,500 METERS
Jacob Smith, High Point3:46.65 (5/6)
5,000 METERS
Jacob Smith, High Point14:01.66 (4/5)
10,000 METERS
N'Getich Kipchirchir, Liberty30:27.90 (5/11)
110 METER H
Mila Ristic, UNC Asheville.....13.94 (3/30)
400 METERS H
Taylor Courtney, Liberty52.46 (4/6)
3,000 METER STEEPLECHASE
Jacob Smith, High Point8:54.56 (4/19)
4X100 METER RELAY
Charleston Southern39.60 (5/11)
4X400 METER RELAY
Charleston Southern3:12.92 (4/19)
HIGH JUMP
Kyle Wheeler, Liberty7' 1.0" (4/19)
POLE VAULT
Kolby Shepherd, Liberty16' 10" (5/11)
LONG JUMP
Lavon Allen, Charleston Southern24' 11.75 (4/6)
TRIPLE JUMP
Burton Jones, Coastal Carolina.....48' 3.5" (4/6)
SHOT PUT
Ryan Smith, Liberty59' 9.75" (5/11)

100 METERS
Gabrielle Houston, Charleston Southern11.49 (5/11)
200 METERS
Gabrielle Houston, Charleston Southern23.65 (4/19)
400 METERS
Erica Peake, Coastal Carolina55.05 (3/15)
800 METERS
Meghan Burggraf, Liberty.....2:09.94 (5/11)
1,500 METERS
Jennifer Klugh, Liberty.....4:24.16 (5/6)
5,000 METERS
Letita Saayman, Coastal Carolina17:20.29 (3/15)
10,000 METERS
Letitia Saayman, Coastal Carolina.....36:21.70 (3/30)
100 METER H
Mulern Jean, Charleston Southern.....13.45 (4/19)
400 METER H
Manika Gamble, Gardner-Webb58.85 (3/24)
3,000 METER STEEPLECHASE
Adrienne Cuff, Charleston Southern11:00:69 (4/19)
4X100 METER RELAY
Coastal Carolina45.63 (4/19)
4X400 METER RELAY
Coastal Carolina3:42.25 (5/11)
HIGH JUMP
Mia Aghaji, Liberty5' 9.25" (4/19)
POLE VAULT
Jennifer Sing, VMI13' 3.50" (3/23)
LONG JUMP
Erica Peake, Coastal Carolina19' 1.50" (4/19)
TRIPLE JUMP
Mia Aghaji, Liberty42' 1.25" (5/11)
SHOT PUT
Mychelle Cummings, Liberty.....51' 2.75" (5/11)

BIG SOUTH WEEKLY OUTDOOR TRACK & FIELD REPORT • 2012 MEN'S & WOMEN'S TOP TIMES/MARKS • MAY 23, 2012**DISCUS**

Ryan Smith, Liberty169' 11" (4/19)

HAMMER

Carson Sears, Gardner-Webb211' 6.0" (3/23)

JAVELIN

Jason Flanagan, Coastal Carolina239' 6.0" (4/19)

DECATHLON

Jacob DeValve, Liberty6,904 (4/19)

DISCUS

Mychelle Cummings, Liberty.....167' (4/6)

HAMMER

Melinda Bentick, Liberty201' 3.0" (5/11)

JAVELIN

Christina Mitchell, Liberty146' 1.0" (5/6)

HEPTATHLON

Christina Mitchell, Liberty4,513 (4/19)